

## Sample SLEEP 2010 Itinerary

### Sleep Disorders Research Focus

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#### ***Saturday, June 5, 2010***

- 8:00am – 12:00pm Postgraduate Course: Advanced Methods and Guidelines for Evaluation and Long-term Management of Restless Legs Syndrome
- 12:00pm – 1:00pm Lunch on Your Own
- 1:00pm – 5:00pm Postgraduate Course: Multidisciplinary Treatment of Obstructive Sleep Apnea

#### ***Sunday, June 6, 2010***

- 8:00am – 5:00pm Postgraduate Course: Year-in-Review
- 6:00pm – 7:30pm *Welcome to San Antonio* Networking and Fundraising Reception

#### ***Monday, June 7, 2010***

- 8:00am – 10:15am Plenary Session and Keynote Address: Sleep and Circadian Rhythms – Closer Together Again
- 10:15am – 10:30am Refreshment Break in the Exhibit Hall
- 10:30am – 12:30pm Discussion Group: Sleep and Circadian Biology: New Opportunities and Resources for Molecular Research at the NIH
- 12:30pm – 1:30pm Meet the Professor Session: Challenges in Diagnosing and Treating Narcolepsy
- 1:45pm – 2:45pm Scientific Oral Presentations: Neurocognitive Effects of Obstructive Sleep Apnea
- 2:45pm – 3:00pm Refreshment Break in the Exhibit Hall
- 3:00pm – 5:00pm Scientific Oral Presentations: Cardiovascular Associations with Obstructive Sleep Apnea
- 5:15pm – 8:00pm Sleep Research Society General Membership Meeting and 50<sup>th</sup> Anniversary Meeting Reception

#### ***Tuesday, June 8, 2010***

- 8:00am – 9:00am Plenary Session: Childhood Antecedents for the Chronic Health Conditions: The Role of Sleep Disorders
- 9:00am – 10:00am Scientific Oral Presentations: Metabolic Consequences of Obstructive Sleep Apnea
- 10:00am – 10:15am Refreshment Break in the Exhibit Hall
- 10:15am – 12:15pm Symposium: Neural Correlates of Daytime Dysfunction due to Sleep Disturbance: Evidence from Different Neuroimaging Techniques
- 12:30pm – 1:30pm Meet the Professor Session: Use and Abuse of BiPAP Therapy
- 1:30pm – 2:30pm Scientific Oral Presentations: Epidemiological Correlates of Normal and Abnormal Sleep
- 2:30pm – 2:45pm Refreshment Break in the Exhibit Hall
- 2:45pm – 4:45pm Scientific Oral Presentations: Insomnia: Biological Dimensions

#### ***Wednesday, June 9, 2010***

- 8:00am – 9:00am Plenary Session: New Adventures in Sleep Quality
- 9:00am – 10:00am Scientific Oral Presentations: Insomnia: Cognitive Behavioral and Alternative Therapies
- 10:00am – 10:15am Refreshment Break in the Exhibit Hall
- 10:15am – 12:15pm Discussion Group: Clinical Sleep Research Highlights and Future Directions of the NIH
- 12:30pm – 1:30pm Meet the Professor Session: Electronic Patient Portals in Sleep Medicine
- 1:30pm – 2:30pm Invited Lecturer Presentation: REM Sleep Behavior Disorder as a Neurodegenerative Disorder
- 2:30pm – 2:45pm Refreshment Break
- 2:45pm – 4:45pm Scientific Oral Presentations: Sleep in Medical Disorders