

Sample SLEEP 2010 Itinerary

Movement Disorders Focus

Saturday, June 5, 2010

8:00am – 12:00pm Postgraduate Course: Advanced Methods and Guidelines for Evaluation and Long-term Management of Restless Legs Syndrome

Sunday, June 6, 2010

8:00am – 5:00pm Postgraduate Course: Year-in-Review

6:00pm – 7:30pm *Welcome to San Antonio* Networking and Fundraising Reception

Monday, June 7, 2010

8:00am – 10:15am Plenary Session and Keynote Address: Sleep and Circadian Rhythms – Closer Together Again

10:15am – 10:30am Refreshment Break in the Exhibit Hall

10:30am – 12:30pm Scientific Poster Viewing

12:30pm – 1:30pm Meet the Professor Session: Management Challenges in RLS

1:45pm – 2:45pm Scientific Oral Presentations: Neurological Disorders in Sleep: Paroxysmal, Traumatic and Degenerative Conditions

2:45pm – 3:00pm Refreshment Break in the Exhibit Hall

3:00pm – 5:00pm Clinical Workshop: Parasomnia, Seizure or Else – Case-based Discussion of Abnormal Nocturnal Behaviors

Tuesday, June 8, 2010

8:00am – 9:00am Plenary Session: Childhood Antecedents for the Chronic Health Conditions: The Role of Sleep Disorders

9:00am – 10:00am Choose from 4 Sessions

10:00am – 10:15am Refreshment Break in the Exhibit Hall

10:15am – 12:15pm Scientific Poster Viewing

12:30pm – 1:30pm Choose from 9 Sessions or Lunch on Your Own

1:30pm – 2:30pm Scientific Oral Presentations: Treatment Advancements in Restless Legs Syndrome

2:30pm – 2:45pm Refreshment Break in the Exhibit Hall

2:45pm – 4:45pm Choose from 7 Sessions

Wednesday, June 9, 2010

8:00am – 9:00am Plenary Session: New Adventures in Sleep Quality

9:00am – 10:00am Choose from 4 Sessions

10:00am – 10:15am Refreshment Break in the Exhibit Hall

10:15am – 12:15pm Clinical Workshop: Actigraphy in the Clinic

12:30pm – 1:30pm Choose from 9 Sessions or Lunch on Your Own

1:30pm – 2:30pm Choose from 6 Sessions

2:30pm – 2:45pm Refreshment Break

2:45pm – 4:45pm Choose from 6 Sessions